

## **Meditate & Memorize**

**2023-September**

### **Psalm 86 - A Psalm of Supplication and Trust.**

#### **A Prayer of David.**

Incline Your ear, O Lord, *and* answer me;

For I am afflicted and needy.

<sup>2</sup> Preserve my <sup>lel</sup>soul, for I am a godly man;

O You my God, save Your servant who trusts in You.

<sup>3</sup> Be gracious to me, O Lord,

For to You I cry all day long.

<sup>4</sup> Make glad the soul of Your servant,

For to You, O Lord, I lift up my soul.

<sup>5</sup> For You, Lord, are good, and ready to forgive,

And abundant in lovingkindness to all who call upon You.

<sup>6</sup> Give ear, O Lord, to my prayer;

And give heed to the voice of my supplications!

<sup>7</sup> In the day of my trouble I shall call upon You,

For You will answer me.

<sup>8</sup> There is no one like You among the gods, O Lord,

Nor are there any works like Yours.

<sup>9</sup> All nations whom You have made shall come and worship before You, O Lord,

And they shall glorify Your name.

<sup>10</sup> For You are great and do wondrous deeds;

You alone are God.

<sup>11</sup> Teach me Your way, O Lord;

I will walk in Your truth;

Unite my heart to fear Your name.

<sup>12</sup> I will give thanks to You, O Lord my God, with all my heart,

And will glorify Your name forever.

<sup>13</sup> For Your lovingkindness toward me is great,

And You have delivered my soul from the depths of Sheol.

<sup>14</sup> O God, arrogant men have risen up against me,

And a band of violent men have sought my life,

And they have not set You before them.

<sup>15</sup> But You, O Lord, are a God merciful and gracious,

Slow to anger and abundant in lovingkindness and truth.

<sup>16</sup> Turn to me, and be gracious to me;

Oh grant Your strength to Your servant,

And save the son of Your handmaid.

<sup>17</sup> Show me a sign for good,

That those who hate me may see *it* and be ashamed,

Because You, O Lord, have helped me and comforted me.

**Study Guide:**

**Before you begin, be still before the Lord and pray that God would grant you eyes to see and a heart and mind ready to learn all that He wants to show and teach you.**

**Then, take a few moments to read over the whole Psalm a couple of times before you begin. Mark it up. Notice repeated words/phrases, mark warnings, promises, blessings, and the like. Discover and note attributes of God, comparisons, contrasts, and commands. Prepare to be blessed as you spend time with God in His word. Such time is never wasted. Enjoy!**

Who is the author of this Psalm?

In my Bible, this Psalm is given a summary statement: A Psalm of Supplication and Trust. Read through the whole passage. Note the supplications and the points of trust.

List the actions the psalmist requests of God.

Overall-

How does the psalmist characterize his circumstance?

Who is the psalmist going to with his needs?

When is he calling on God?

Now more specifically, let's walk through each verse-

What two things does the psalmist ask the Lord to do in verse 1?

How does he describe himself?

In verse 2 what other requests does the psalmist add to his request?

What three things does he claim about himself in this verse?

Continuing to verse 3, what does David ask that the Lord extends to him?

When is David crying out to the Lord?

In verse 4 what does the psalmist ask of the Lord?

To whom does the psalmist say he is lifting up his soul?

List the three attributes of the Lord which the psalmist lists in verse 3.

1-

2-

3-

In verse 6 what does the psalmist ask the Lord to give ear and heed to?

What does David say he does “in the day of trouble”?

What does the psalmist expect the Lord to do?

In verse 8 the psalmist notes two more characteristics about the Lord. List:

1-

2-

What will the nations one day do according to verse 9?

What is the central truth about God which David states in 10b?

What does he commit to doing in verses 11-12? What are these actions based on the Lord doing?

In verse 13, David recounts how the Lord has already done for him.

Finally in verse 14, David outlines his supplication, the situation that is troubling him. What is it?

How does David describe his opposition? (v. 14b)

In verse 15 David contrasts his enemies with the Lord. How are they different?

Picking up again with his requests, what does the psalmist ask the Lord to do in verse 16?

What does he ask the Lord to do for him in verse 17?

Why does he ask for this?

In what is the psalmist resting according to the last line of this psalm?

Now, what is the supplication you need to take to the Lord? What is the situation, circumstance, relationship, problem that keeps your calling out to Him all day long?

What attribute of God do you need to refocus on and rest in?

How can you practice accepting His faithfulness and sovereignty even when life is hard?