

Meditate & Memorize
March 2023: Psalm 46
Know: He is God

Psalm 46 (NASB 1995)

God is our refuge and strength,

A very present help in trouble.

² Therefore we will not fear, though the earth should change

And though the mountains slip into the heart of the sea;

³ Though its waters roar *and* foam,

Though the mountains quake at its swelling pride. *Selah.*

⁴ There is a river whose streams make glad the city of God,

The holy dwelling places of the Most High.

⁵ God is in the midst of her, she will not be moved;

God will help her when morning dawns.

⁶ The nations made an uproar, the kingdoms tottered;

He raised His voice, the earth melted.

⁷ The Lord of hosts is with us;

The God of Jacob is our stronghold. *Selah.*

⁸ Come, behold the works of the Lord,

Who has wrought desolations in the earth.

⁹ He makes wars to cease to the end of the earth;

He breaks the bow and cuts the spear in two;

He burns the chariots with fire.

¹⁰ "Cease *striving* and know that I am God;

I will be exalted among the nations, I will be exalted in the earth."

¹¹ The Lord of hosts is with us;

The God of Jacob is our stronghold. *Selah.*

Study Guide:

Note who this Psalm is penned by:

As you read this Psalm, what attributes are given to God? V.1
Where do you see these attributes reiterated in this same Psalm?

What is the author's stated resolution to these truths? V. 2a

In verses 2-3, there are four fearful events listed. Make a note of them.

- 1-
- 2-
- 3-
- 4-

In Isaiah 43.1-3 there is a similar theme. What does the Lord command in Isaiah 43.1?

The Lord Himself declares that He has done 2 things for His people, thereby claiming them as His own. What has He done for His people? V.1b

The prophet describes three circumstances which His people will face as suggested by the use of the word "when". List the three challenges and its result. V. 2

How does the author characterize the City of God? V. 4-5

Who is in charge of the nations? V.6

Here are some additional passages that speak to the omnipresence of God:

Psalm 139.8-12

Luke 21.19

"The sovereignty of God is the pillow upon which the child of God rests his head at night, giving perfect peace." – Charles Spurgeon

What issues are you currently facing that keep you up at night or induce worry? How can the sovereignty of God grant you peace and confidence?

In Philippians 4.4-7 Paul teaches that peace is available to believers. How does the apostle instruct Christ followers to unlock transcending and incomprehensible peace?

How do these actions point to the sovereignty of God?

How are fear and worship related?

Consider:

Who are we commanded to fear in the Bible? See:

Ecclesiastes 12.13

Matthew 10.28

1 Peter 2.17

Who/what are God's people commanded not to fear? See:

Deuteronomy 3.2, 22

Joshua 10.25

2 Chronicles 20.15, 17

2 Chronicles 32.7

Here are some additional passages admonishing believers, "do not fear". Read the verses and note what reasons are given which should alleviate fear.

Isaiah 40.9

Isaiah 41.10

Isaiah 41.13, 14

Isaiah 43.5

Isaiah 44.2

Isaiah 51.7